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POST-OP INSTRUCTIONS

Caring for Your Dental Implant

- It is important to protect your new implant and keep this area clean, especially for the first 3 days of healing.
- Brush the teeth around your implant/bone graft **VERY** gently. **DO NOT** use a WaterPik around the implant/bone graft site **FOR ANY REASON**. Your dentist will inform you when it is safe to use your WaterPik near the surgical site.
- If you were prescribed an antibiotic, take as directed and to completion. If you were prescribed any medication for pain, take as needed.
- **DO NOT** smoke. Smoking, vaping or smokeless tobacco may adversely affect healing and may lead to worsened pain and/or a less than optimal result.
- If a temporary removable appliance was provided to you, wear it as instructed by your dentist. Please wear it to bed the first night after surgery. Do not sleep with it subsequent nights. Keep this appliance clean by removing it, brushing with a separate toothbrush using mild soap and water.
- For the first few nights after the procedure, sleep inclined or with your head propped up with some pillows. This will significantly cut down on post-operative swelling.
- Rinse two (2) times daily for two (2) weeks with Closys rinse, which will aid in healing by cleaning the tissue around the implant and decreasing the amount of bacteria in your mouth.
- The implant may need up to 6 months of time to integrate (heal) into the bone before the final restoration may be placed.
- Please follow up with the office to ensure all necessary post-op evaluations, impressions and prosthesis delivery appointments are scheduled.