



THE DENTAL
ANESTHESIA CENTER

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Fillings Post-Op Instructions

What to do after:

- Do not bite or chew numb areas of the tongue, cheeks or lips.
- Call our office if your new fillings are sensitive to hot, cold or if you are experiencing pain in the tooth. This could be an indication that your filling may need to be adjusted.

Eating:

- Do not chew any food while you have a numb lip or tongue.
- You can enjoy all of your favorite foods after the numbness has gone away.

Follow Up Care:

- No follow-up care is required with your new fillings unless you are experiencing hot/cold sensitivity or pain.